

目 次

探索与争鸣

- 高等体育专业“项目教育”的研究与实践 何艳华, 薛继升, 王红岩, 等 (1)
重构武术教育新体系必须强化“国家意识” 王岗, 邱丕相, 郭华帅 (5)
论“艺术体育”的成因及共性特征
——科学、艺术与人体运动方式的融合 张仲宝 (11)

体育社会科学

- 全球主义、国家主义与中国竞技体育 赵均, 许婕 (15)
对我国竞技体育体制人本思想的思考 戴永冠, 许斌 (19)
体育崇拜的文化学释义 赵红艳 (23)
绿色体育新解 布特 (26)
女性身体观对女性体育的影响 徐长红, 任海, 吕贊 (29)
日本综合型地域体育俱乐部的运营机制及发展 陆作生, 刘宪军 (33)
成渝两地不同人群户外体育运动需求调查分析 赵云书, 袁革 (37)
上海市居民体育消费结构的扩展性模型分析 叶心明, 朱晓东, 王跃, 等 (41)

学校体育

- 专业与职业分离情况下普通高校体育专业人才的培养 刘官元, 王进 (45)
《中小学体育工作督导评估指标体系》的特点与实施办法 王琪, 张学忠 (48)

| | |
|-----------------------------------|-----------------------|
| 高校健身街舞课程的构建与实践 | 王莹 (52) |
| “封闭式学生体育锻炼长廊”对大学生体育锻炼态度的影响 | 陈平, 许冠忠, 朱俊英 (55) |
| 从电子游戏到体育课程 ——美国学校体育的“跳跳革命” | 赵亮, 葛春林 (59) |
| 日本体育教师专业标准诠释 | 林陶 (63) |
| 竞赛与训练 | |
| 高水平竞走运动训练理念探析 | 周振华, 李志宏, 沈信生 (68) |
| 竞技状态的属性与发展 | 李贊 (73) |
| 短跑技术理论研究热点综述 | 黃达武 (77) |
| 中德教练员岗位培训体制比较 | 刘洋, 王家宏, 张宏杰 (83) |
| 我国男子武术散打优秀运动员比赛得分的时空特征 | 高亮 (87) |
| 运动人体科学 | |
| 运动性骨疲劳研究进展 | 张林, 王平 (91) |
| 骨骼肌细胞铁代谢的研究进展 | 王海涛, 刘玉倩, 刘建国, 等 (96) |
| 运动对健康年轻人变时反应和心率衰减的影响 | 高萱, 郭红, 廖建明, 等 (101) |
| 跳高、排球运动员膝关节屈伸肌群生物力学的特征 | 夏联富, 王晓东 (105) |
| 体育资讯 | |
| 体育学术网络研讨的实践探索 ——“体育在线”论坛的建设与发展 | 谢卓锋, 覃立, 郭修琪, 等 (108) |
| 务实与创新 ——《体育网刊》2009年第3期导读 | 孙超 (18) |
| 网罗体育外文书刊的好去处 | dickqin (40) |
| 当课堂教学的预设与生成之间出现问题时怎么办 | 刘坚 (67) |
| 学校体育改革丢掉了什么 | 覃立 (76) |
| 本刊启事 | (104) |

JOURNAL OF PHYSICAL EDUCATION

Vol.16 NO.3 Mar.2009

Contents

Exploration and Contention

| | |
|--|--|
| Researches and practice on “sports education” in physical education major of university | HE Yan-hua, XUE Ji-sheng, WANG Hong-yan, et al (1) |
| “National awareness” must be intensified for rebuilding a new system for Wushu education | WANG Gang, QIU Pi-xiang, GUO Hua-shuai (5) |
| On the causes for the generation of “artistic sports” and their common characteristics ——The fusion of science and artistic body movement manners | ZHANG Zhong-bao (11) |

Sports Social Science

| | |
|---|--|
| Globalism, nationalism and competitive sport in China | ZHAO Jun, XU Jie (15) |
| Contemplation of people orientated ideology under the competitive sports system in China | DAI Yong-guan, XU Bin (19) |
| Culturological interpretation of sports worship | ZHAO Hong-yan (23) |
| New interpretation of green sport | BU Te (26) |
| Influence of women’s body view on female sport | XU Chang-hong, REN Hai, LÜ Yun (29) |
| Japanese comprehensive regional sports club running mechanism and development | LU Zuo-sheng, LIU Xian-jun (33) |
| Investigation and analysis of the outdoor sports activity demand of different groups of people in Chengdu and Chongqing | ZHAO Yun-shu, YUAN Ge (37) |
| Analysis of an expandable model for the sports consumption structure of residents in Shanghai city | YE Xin-ming, ZHU Xiao-dong, WANG Yue, et al (41) |

Scholastic Physical Education

| | |
|--|------------------------------|
| Contemplation of talent cultivation by physical education departments/colleges of common institutes of higher learning from the perspective of the separation between major and occupation | LIU Guan-yuan, WANG Jin (45) |
|--|------------------------------|

| | |
|--|---|
| Characteristics of Elementary and Middle School Physical Education Job Supervision and Evaluation Index System and methods for its implementation..... | WANG Qi, ZHANG Xue-zhong (48) |
| Construction and practice of a college street fitness dance course | WANG Ying (52) |
| Effects of the “Enclosed Student Physical Exercise Corridor” on college students’ attitude towards physical exercising..... | CHEN Ping, XU Guan-zhong, ZHU Jun-ying (55) |
| From electronic games to physical education courses | |
| ——The “Rock Dance Revolution” in US scholastic physical education..... | ZHAO Liang, GE Chun-lin (59) |
| Interpretation of professional standards for physical education teachers in Japan..... | LIN Tao (63) |

Competition and Training

| | |
|--|---|
| Exploration of high performance race walking training conceptions | |
| | ZHOU Zhen-hua, LI Zhi-hong, SHEN Xin-sheng (68) |
| Attributes and development of competition state..... | LI Zan (73) |
| Overview of hot topics in the study of theories on sprint techniques..... | HUANG Da-wu (77) |
| Comparison of Chinese and German coach post training systems..... | LIU Yang, WANG Jia-hong, ZHANG Hong-jie (83) |
| Time and space characteristics of game scoring by excellent male Sanda players in China..... | GAO Liang (87) |

Sports Science of Human Body

| | |
|---|---|
| Exercise induced bone fatigue research..... | ZHANG Lin, WANG Ping (91) |
| Progress in the study of iron metabolism of skeletal muscle cells | |
| | WANG Hai-tao, LIU Yu-qian, LIU Jian-guo, et al (96) |
| Effects of exercising on the chronotropic response and heart rate attenuation of healthy youngsters | |
| | GAO Xuan, GUO Hong, LIAO Jian-ming, et al (101) |
| Biomechanical characteristics of bending and stretching muscle groups of high jumpers and volleyball players..... | XIA Lian-fu, WANG Xiao-dong (105) |

Information

| | |
|---|--|
| Exploration of the practice of discussing academic issues about physical education online | |
| ——Construction and development of the “Physical Education Online” forum..... | XIE Zhuo-feng, QIN Li, GUO Xiu-qi, et al (108) |